



SWIM TEAM PRACTICE SCHEDULE		
AM Practice Schedule: (outdoor 25M pool)	8-9am 9-10am 10-10:50am	11 & Over, 10 advanced skill level 7-10 experienced 6 & Under/Novice 7-10
AM Practice Schedule Tuesday after meet: (outdoor 25M pool)	9-10am 10-10:50am	10 & Over, 10 advanced skill level 10 & Under
PM Practice Schedule: (indoor pool)	4-5pm 5-6pm 6-6:45pm	11 & Over, 10 advanced skill level 7-8 experienced, 9-10 6 & Under, 7-8 Novice

MAY 2024

JUNIOR SWIM TEAM PRACTICE SCHEDULE
AM Practice: M W F 10-10:50am
PM Practice: T & TH 6-6:45pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5	6	7	1	2	3	4
12	13 PM PRACTICE	14	8	9	10	11 LSA STROKE & TURN TRAINING AT BLAIRWOOD 9:30AM
19	20 PM PRACTICE	21	15 PM PRACTICE	16	17	18 9-11:50AM PRACTICE 9-10: 11&O, 10 advanced 10-11: 7-10 experienced 11-1150: 6&U, 7-10 novice & junior swim team
26	27 MEMORIAL DAY	28 AM PRACTICE PM PRACTICE	22 PM PRACTICE	23	24 KICK OFF PARTY @ BLAIRWOOD 5PM	25 OUTDOOR POOL SEASON OPENS
			29 AM PRACTICE PM PRACTICE	30 AM PRACTICE PM PRACTICE	31 SWIM TEAM DONUT DAY AM PRACTICE	



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 (outdoor 25M pool) 9-10am 7-10 experienced
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JUNE 9

SATURDAY

JUNIOR SWIM TEAM PRACTICE SCHEDULE

AM Practice: M W F 10-10:50am
 PM Practice: T & TH 6-6:45pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 AM PRACTICE TEAM PHOTO 430PM SWIM MEET @ BW VS. PLAINVIEW WARM UP 5PM, MEET 6PM	4 AM PRACTICE PM PRACTICE	5 AM PRACTICE PM PRACTICE	6 AM PRACTICE PM PRACTICE	7 SWIM TEAM DONUT DAY AM PRACTICE	8
9	10 AM PRACTICE SWIM MEET @ GLEN OAKS WARM UP 5PM, MEET 6PM	11 AM PRACTICE PM PRACTICE	12 AM PRACTICE PM PRACTICE	13 AM PRACTICE PM PRACTICE	14 SWIM TEAM DONUT DAY AM PRACTICE	15
16	17 AM PRACTICE SWIM MEET @ BW VS. DOUGLASS HILLS WARM UP 5PM, MEET 6PM HAWAIIAN THEME	18 AM PRACTICE PM PRACTICE	19 AM PRACTICE PM PRACTICE	20 AM PRACTICE PM PRACTICE	21 SWIM TEAM DONUT DAY AM PRACTICE	22
23	24 AM PRACTICE SWIM MEET @ BW VS. SPRINGHURST WARM UP 5PM, MEET 6PM THEME TBD	25 AM PRACTICE PM PRACTICE	26 AM PRACTICE PM PRACTICE	27 AM PRACTICE PM PRACTICE	28 SWIM TEAM DONUT DAY AM PRACTICE	29
30						

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	1 AM PRACTICE	2 AM PRACTICE	3 AM PRACTICE	4	5	6																														
	RED, WHITE & BLUE WEEK • RED, WHITE & BLUE WEEK • RED, WHITE & BLUE WEEK			4TH OF JULY	SWIM TEAM DONUT DAY AM PRACTICE																															
SUNDAY	SWIM MEET @ OWL CREEK WARM UP 5PM, MEET 6PM	PM PRACTICE	PM PRACTICE																																	
7	8	9	10	11	12	13																														
SWIM TEAM PASTA PARTY & PEP RALLY 5PM	AM PRACTICE 11 & O QUALS @ DH WARM UP 430PM START 6PM	AM PRACTICE PM PRACTICE	AM PRACTICE 10 & U QUALS @ BW - WARM UP 430PM START 6PM	AM PRACTICE PM PRACTICE	SWIM TEAM DONUT DAY AM PRACTICE	CHAMPIONSHIPS @ PLAINVIEW WARM UP 7AM START 830AM																														
14	15	16	17	18	19	20																														
SWIM TEAM BANQUET @ BLAIRWOOD 5PM																																				
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